Infection Control Policy and Procedure

**Policy:**

I commit myself to the highest standards of practice and will ensure that the health, safety and rights of my client are maintained at all times.

I will implement all infection control protocols applicable to a professional Massage Therapy clinic.

**Procedure:**

1. Linen will be stored to ensure its cleanliness at time of use.
2. All used / soiled linen will be stored in an appropriate storage unit with a lid.
3. Any linen that is in direct contact with the client’s skin is single use only. This linen will be placed in the appropriate storage basket after each session and it will be laundered on a daily basis.
4. Massage mediums (eg oil, balms etc) will be in an appropriate container that prevents cross contamination (eg, spatula will be used for balms)
5. I will maintain personal hygiene at all times
6. I will wash and dry hands before and after each client. If hand-washing facilities are not available, I will use an appropriate hand sanitizer before and after each client.
7. I will dry hands using single use disposable towels or single use washable towels.
8. I will not wear jewellery on my hands or wrists during a treatment session and I will ensure that fingernails are kept short and clean at all times.
9. Any exposed areas of the massage table/chair and bolsters must be cleaned and disinfected after each client
10. Any client who shows signs of illness and if I feel that treatment would be detrimental to the client’s health, will be not treated
11. At my discretion I may wear latex free gloves during the treatment session to protect both you, the client and myself. This includes instances where I may have cuts or injuries to my hands.